

Monthly Digest

Find information and resources that help guide your efforts in promoting brain health and supporting people living with Alzheimer's disease and related dementias, their caregivers, and families in Los Angeles County.

News and Updates

- New Resource!** The National Alzheimer's and Dementia Resource Center (NADRC) recently launched the National Alzheimer's and Dementia Resource Center Webinar Compendium, a collection of dementia-related webinars hosted by NADRC from 2014-2025. The document organizes webinars by date and topic and includes descriptions, presenters, and links to recordings and materials. [Explore the resource here.](#)
- Reminder!** Don't forget to register for the upcoming 2026 Dementia Care and Caregiving Research Summit, taking place virtually March 17-19, 2026. Session topics include, Economic Impacts of Dementia, The Role of Community in Dementia Care Research, and Rigorous Dementia Care & Caregiving Intervention Development. You may register for all three days or a single day. [Register now.](#)
- Reminder!** The California Health & Human Services Agency is seeking up to 6 new members with lived experience to serve on the Alzheimer's Advisory Committee. Members serve a 3-year term and may serve up to 2 consecutive terms. [Learn more about the ADRD Committee.](#) [Apply online.](#)

Funding Opportunities

HILARITY FOR CHARITY: DEMENTIA CAREGIVER RESPITE PROGRAM

Deadline: Rolling Basis

Hilarity for Charity is offering respite grants to those providing care to loved ones living with Alzheimer's disease or other dementias. These grants cover the cost of in-home or adult day center care and have no cash value.



In the Spotlight - Introducing Brain Health to the Next Generation

We are excited to share that a member of the Healthy Brain LA Team, D'Artagnan Robinson, Ph.D., MPH, CPH, is helping expand brain health education to undergraduate students.

Recently, he played a key role in developing and launching a course focused on brain health at the University of California, Irvine, where he serves as a part-time instructor. The course introduces students to key concepts related to cognitive health, dementia prevention, and public health approaches to promoting healthy aging, giving undergraduate students an opportunity to explore brain health through a public health perspective.

Interested in learning more? Contact D'Artagnan Robinson at drobinson2@ph.lacounty.gov.

Send success stories, achievements, or highlight ongoing initiatives to (healthybrainla@ph.lacounty.gov) to be featured in a spotlight.



Featured Resources

TOOLKIT
The USC Family Caregiver Support Center - Conversations that Matter Toolkit: Talking to Family Caregivers for Healthcare Teams.

LEARNING MODULE
University of California San Francisco's (UCSF) - Caregivers as Partners in Care Teams offers a self-paced training to help healthcare teams identify, engage, and support caregivers. Free CE/CME credits.

TOOLKIT
Dementia Care Aware - Cognitive Health Assessment Implementation Guide is a practical step-by-guide to Cognitive Health Assessment implementation.

COMMUNITY RESOURCE
Best Programs for Caregiving is a free online national directory of dementia care programs for dementia caregivers and professionals to discover and share.

LEARNING MODULE
Dementia Care Aware's self-paced cognitive health assessment training and dementia mini-course. Free CE and CME/MOC credits.

TOOLKIT
BOLD Center for Early Detection - Early Detection of Dementia Toolkit - Health Systems.



Trainings and Webinars

- Mar 17**
 11 AM PST **NADRC.** Addressing Food Insecurity for People Living Alone with Dementia. [Register Now.](#)
- Mar 17-19**
 9:30 AM PST **NIA.** 2026 Dementia Care and Caregiving Research Summit. [Register Now.](#)
- Mar 23**
 12 PM PST **Alzheimer's Association.** Heart Health and Brain Health: Understanding the Results of the U.S POINTER Study. [Register Now.](#)
- Apr 9**
 10 AM PST **PHCOE-DC.** Successful Public Health Approaches in Dementia Caregiving: Puerto Rico. [Register Now.](#)
- Apr 13**
 10 AM PST **PHCOE-ED.** Early Detection of Dementia: What to Do Now – National Resources to Plan, Partner, and Act! [Register Now.](#)
- May 30**
 6:30 AM PST **UMN.** Caring for People with Memory Loss Conference 2026. [Register Now.](#)



Community Events

Get involved! Promote these events to your network.

- Mar 19**
 2 PM PST **UCLA Easton Center/Keiro.** Clinical Trials – How You Can Be a Part of the Next Great Scientific Discovery! [Register Now.](#)
- Mar 24**
 10:30 AM PST **Alzheimer's LA.** Communication & Dementia (in Mandarin). [Register Now.](#)
- Mar 25**
 1 PM PST **ADC Program.** Caring for Yourself While Caring for Someone with Dementia. [Register Now.](#)
- Apr 10**
 11 AM PST **UCLA Easton Center/Keiro.** Senior Health Fair. Westchester Senior Center. 8740 Lincoln Blvd. Los Angeles, CA 90045. **No registration required.**
- Apr 14**
 10 AM PST **Alzheimer's Association.** Early-Stage Social Engagement Virtual Program – Coffee & Conversation. [Register Now.](#)
- Apr 19**
 11:30 AM PST **UCLA Easton Center/Keiro.** Keiro Caregiver Conference. Venice Japanese Community Center. 12448 Braddock Dr, Los Angeles, CA 90066. [Register Now.](#)



Got News?

Send resources and news about upcoming events or initiatives that you would like to promote in our monthly newsletter to healthybrainla@ph.lacounty.gov.



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www.publichealth.lacounty.gov/healthybrainla



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